

Equipment List Via Ferrata

Technical equipment

- Backpack approx. 30l with rain cover
- Climbing Helmet
- Climbing harness
- Via-Ferrata Climbing Set

Clothing

- Hardshell jacket (wind- and waterproof)
- Hardshell pants (wind- and waterproof)
- Soft shell and/or fleece jacket
- Climbing pants
- Functional socks
- Isolation jacket
- Short/long functional underwear
- Cap/hat
- Via ferrata gloves (if available)
- Hiking shoes or mountaineering shoes (at least ankle-high, hard sole)

Food

- Drinks and lunch must be brought or can be bought in the village
- Snacks (e.g. energy bars, dried fruit, dried meat)

Various

- Sunglasses
- Sun cream and lip cream (SPF 30 or higher)
- Half fare travelcard (if available)
- Small medicinal supplies for personal requirements